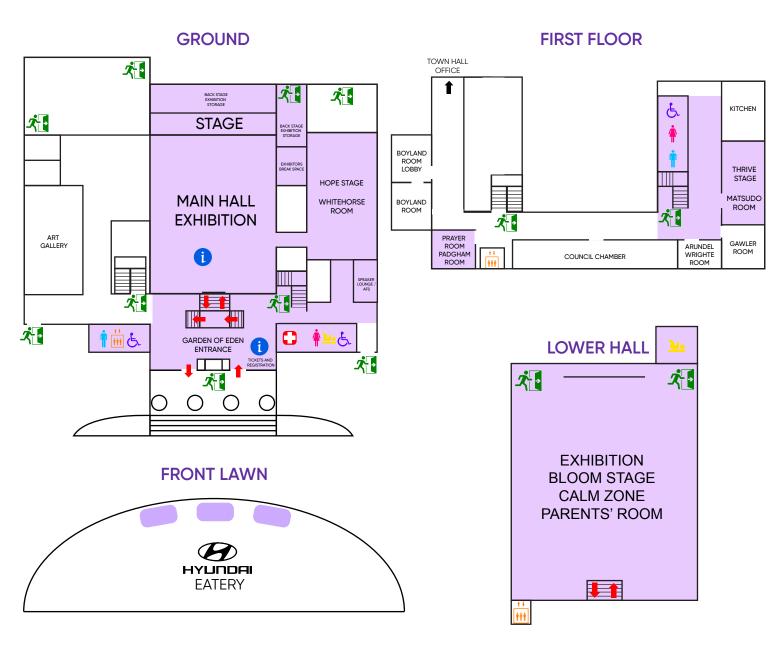


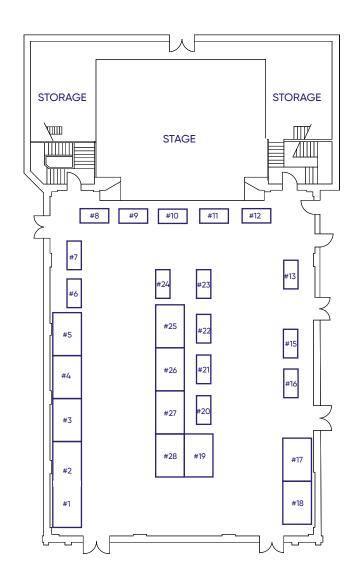
## MELBOURNE FERTILITY EXPO VENUE MAP





# Melbourne Fertility Expo

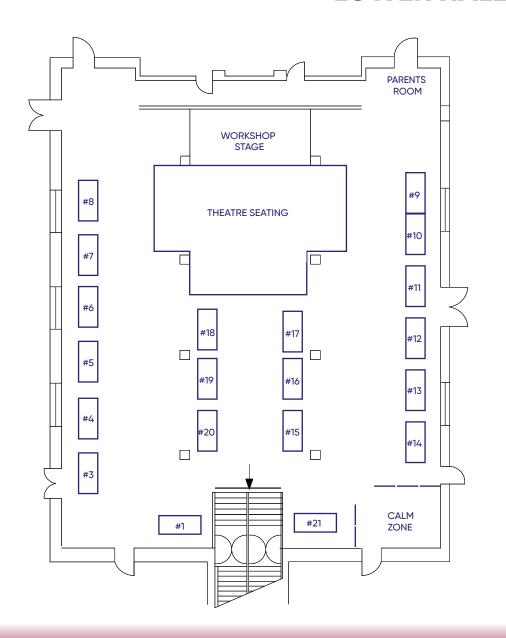
# MELBOURNE FERTILITY EXPO



- 1. Monash IVF
- 2. Monash IVF
- 3. Supercare
- 4. Newlife IVF
- 5. Sapyen
- 6. IVF Babble
- 7. Nicole Haak Naturopath
- 8. Fertility Psych
- 9. My Fertility Nurse
- 10. The IVF Support Space
- 11. Fertility and Family
- 12. Not Coffee
- 13. Womb Nutrition
- 15. Two Lines Fertility
- 16. Bé Be Bloom
- 17. Thrive fertility
- 18. City Fertility
- 19. Create Fertility
- 20. Access My Super
- 21. Period Wisdom
- 22. Pink Elephants
- 23. Dr Monica Devanand
- 24. Solo Mum Society
- 25. Life Fertility
- 26. European Sperm Bank
- 27. Elevit
- 28. Australian Fertility Summit/Information
  - Helen Zee and Liz Walton



## MELBOURNE FERTILITY EXPO LOWER HALL MAP



- 1. The Soul Alchemist
- 3. Tiny Beginnings
- 4. Cool Beans
- 5. The Grove Chinese Medicine
- 6. Umbrella Family Law
- 7. Complete Financial Management
- 8. Big Sister Nutrition
- 9. Zinzino
- 10. Zinzino
- 11. The Gentle Naturopath
- 12. Pooja Adyharu
- 13. Eugene
- 14. The Empty Cradle
- 15. Fertility Theory
- 16. The Healing Practice
- 17. Carmen Mair
- 18. Laura Atkins
- 19. Cycle Guide
- 20. arxi
- 21. Innate Being Therapies &

Rachel Marshall Psychotherapy

### MELBOURNE FERTILITY EXPO SPEAKER, PANEL AND WORKSHOP PROGRAM



### Thrive Stage - Keynote Speakers Matsudo Room

9:20am

Official Welcome - 10min

9:30am

Prof Luk Rombauts - Monash IVF - 45min

Endometriosis and Fertility: Understanding the Full Picture

10:20am

Mike Adams - Elevit - 25min

It takes Two! Exploring male sperm health and how Menevit can help planning couples

10:50am

Dr Anne Poliness - City Fertility - 25min

Egg Freezing Explained

11:30am

Liz Walton - Fertility Coach & Co Host of the

Melbourne Fertility Expo - 25min

The Treasure in the Trauma: A Fertility Journey Home to Self

12pm

Sophia Baseotto - Supercare - 25min

Unlocking Hope: How Compassionate Release of Superannuation Empowers Patients in Fertility Treatment

refully freatifie

1:30pm

Dr Sascha Edelstein - Thrive Fertility - 25min

Behind the Lab Door: What Really Matters When Choosing a Fertility Clinic

2pm

Alisha Burns - Solo Mum Society - 25min

Redefining Family: Why More Women Are Choosing Solo Motherhood by Choice

2:30pm

Helen Zee - Holistic Fertility Practitioner &

Co Host of the Melbourne Fertility Expo – 25min

Love, Loss, and Longing: Navigating Relationship Dynamics on the Fertility Journey

3:10pm

Lucy Lines - Two Lines Fertility - 25min

From Panic to Power: Reclaiming Control in the IVF Rollercoaster

3:40pm

Dr Amber Kennedy - New Life IVF - 25min

Egg Freezing and IVF: Exploring your Fertility Options

4:20pm

Dr Cecilia Kitic - The IVF Project - 25min

Unlocking Your Microbiome for Fertility Success

4:50pm

Liz Bancroft - Hope Affirm Thrive – 25min

Why 50% of IVF Patients Stop Treatment - And How Emotional Readiness Can Change Everything

5:20pm

Tasha Jennings – 25min

Your Fertile 40s: How to Reclaim Your Fertility and Create Your Healthy Baby Now

## Hope Stage – Keynote Speakers and Panel Discussions Whitehorse Room

9:30am

Dr Sylvia Ross - Life Fertility - 25min

Understanding PCOS: The Hidden Impact on Fertility and Health

10am

Lived Experiences 1 - 45min

MC - Virginia Scarff- Fertility Pod | Alisha Burns - Solo Mum Society | Ilina and Nick - Big Miracles | Shaun Resnik - Surrogate dad

Dr Justine Schelle - Fertility Psych

10:50am

Dr Rebecca Mackenzie - Proctor - Life Fertility - 25min

The Pain of Infertility - How to manage fertility when you have endometriosis

11:20am

Breakthroughs in Fertility Treatments - Cutting Edge Medicine

and Research Evolution - 45min

MC - Lucy Lines | Dr Dhanushi Fernando - Monash IVF Dr Sascha Edelstein - Thrive Fertility | Tasha Jennings

Dr Cecelia Kitic - IVF Project | Dr Scott Pearce - Create Fertility

12:10pm

Dr Tom Manley and Dr Haider Najjar - Create Fertility - 25min

Navigating Fertility: Empowering You with Insight and Options

1:30pm

Male Fertility - Revelations in Optimising

Fertility Outcomes – 45min

MC- Sam Hargreaves | Mike Adams - Menevit

Pooja Adhyaru – Dietitian | Eve Glage – Number 1 Fertility

Saara Jameison - Cool Beans Underwear | Dr Sam Sturrock

2:20pm

Shaun Resnik - 25min

Becoming a Father

2:50pm

Sophie Porter - Pink Elephants - 25min

Breaking the Silence: Honouring Your Journey Through Early Pregnancy Loss and Fertility Challenge

3:20pm

Navigating Birth Choices in Australia - 45min

MC - Helen Zee | Dr Lauren Saunders - City Fertility

Ella MacNamara - Fertility and Family | Dr Luke Larmour - Monash IVF
Adele O'Connor - The IVF Support Space

Adele O'Connor - The IVF Support Space

4:10pm

Lived Experiences 2 - 45min

MC - Liz Walton - Fertility Coach | Nicole Haak — Naturopath

Leonie Tilley – Zinzino | Fatima Sampayo - Be Be Bloom

Dr Sugandha Kumar – Create Fertility

5pm

Dr Gareth Weston - Monash IVF - 25min

Understanding Male Factor Infertility

5:30pm

Joel Ho - Sapyen - 25min

Male Fertility Testing

#### Bloom Stage – Workshops Lower Hall

10am

Kerryn Boyle - PregActive - 40min

Pregnancy Workouts: Exercising Safely Through Every Stage of Pregnancy, from Planning to Postpartum

11am

Dr Liz Bancroft - Hope Affirm Thrive - 40min

Your Emotional Toolkit: Hands-On Techniques for IVF Calm and Clarity

12pm

Sarah Roberts - The Empty Cradle - 40min

A Million Little Choice Points: Finding Clarity in Fertility Decision Making

1:30pm

Celeste Costanzo - Fertility Theory - 40min

Fertility Foundations: The Role of Nutrition in Getting Pregnant

2:30pm

Stephanie Matthews - My Fertility Nurse - 40min

Tracking Your Menstrual Cycle: Getting the Timing Right

3:30pm

Stefanie Valakas and Monique Cormack - arxi - 40min

How to Build a Fertility Supplement Plan

4:30pm

Dr Monica Devanand – 40min

Habits that (Actually) STICK! - Simple Ways to Care for Your Fertility Wellbeing